

World Oriental Federation

Referee & Judges Rules

A.RING SPORTS

MAAD FIGHT COMPETITION (MFC)

1-Style Definition:

Maad Fight

This style is compound of standard and allowable of punches, kicks and all standup throwing techniques and its fighting do on ring.

2-Dress of fighters

WOF standard pants in blue or red color

3- Time of competition:

Each competition is defending in 3 rand at the 1/5 minute (3*1/5minutes)

4-Competitor safety equipment:

1. Head Protection
2. Grappling Gloves
4. Gum Shield
5. Shin/instep Protection
6. Malleolus Protection
7. Groin Guard (Men)
8. Breast Guard (Women)

5- Technique's Fouls:

Kick or punch to unallowable points (back of body, back of head and joints).

Kick or punch after order of stop by the main referee.

Spinning back fist, kick to leg and below the waistline, foot throwing in unallowable form, kneeling, strike with elbow, punching with flat hand, strike with head, locking of opponent or using forbidden submission techniques, bowing and catching opponent's feet for performance techniques, kicking to grounded opponent, pushing and putting instep, all of the techniques against joint, talking or shouting during the fighting, objecting or slighting to referee's order, throwing saliva in Tatami or ring, doing bad actions or making hubbub, biting, and using from ring rope for kicking or punching opponent.

6 -Scores

Punch to head	1 score
Punch to body	1 score
Kick to body	2 score
Kick to head	3 score
Throwing (into depth of feet)	1 score
Ground & Grappling techniques that cause to floor with:	
with hip	1 Score
with shoulder	2 Scores
with Feet's overcast	3 Scores

When the competition is equal, after the end of round, an additional round will promote and if the additional round be equal too, then the following instances is effective in recognition the winner fighter:

- Nock downs and warnings

A fighter who has the better technique and tactics

SHOOT FIGHT COMPETITION (SFC)

1-Style definition:

This style is compounds of standard strikes and allowable punch, kick, knee, spinning back fist .and the entire of stand grappling.

A competition of Shoot fighting is in ring.

2- Time of competition:

Each competition is defending in 3 rounds at the 1/5 minutes (3*1/5 minutes)

3-Dress of fighters

Strait short in red or blue color

4-Competitor safety equipments:

1. Head Protection
2. Grappling Gloves
4. Gum Shield
5. Shin/instep Protection
6. Malleolus Protection
7. Groin Guard (Men)
8. Breast Guard (Women)

5-Fouls kicks and Technique:

Kick or punch to unallowable points (back of body, back of head and joints),Kick or punch after order of stop by referee, strike with elbow, punching with flat hand, strike with head, locking opponent or using forbidden submission techniques, bowing and catching opponent feet in order to performance techniques, kicking or punch to grounded opponent, pushing and putting instep, all techniques against joint, talking or shouting during the fighting, objecting or slighting to referee's order, throwing saliva in ring, doing bad actions or making hubbub, biting, using ring rope for kick, catching the opponent, locking the neck, suffocating, breaking.

6 -Scores

Spinning back fist	2 Scores
Punch to body	1 Score
Punch to head	1 Score
Kick to body	1 Score
Kick to head	2 Scores
Knee kicks to leg and body	1 Score
Knee kick to head	2 Scores
Drawing	1 Score
Ground & Grappling techniques that cause to floor with:	
with hip	1 Score
with shoulder	2 Scores
with Feet's overcast	3 Scores

When the competition is equal, after the end of round, an additional round will promote and if the additional round be equal too, then the following instances is effective in recognition the winner fighter:

- Nock downs and warnings

A fighter who has the better technique and tactics

B.TATAMI SPORTS

PART FIGHT COMPETITION (PFC)

1-Style definition:

This style in compound of standard and allowable strikes and punch at chest and tummy, kick to all allowable points of body and head and all standup throwing techniques that its fighting do in Tatami.

2- Time of competition:

Each competition is defending in 3 rand at the 1/5 minutes. (1/5×3minutes)

3 -Dress of fighters

WOF standard t-shirt and pants

4-Competitor safety equipments:

1. Grappling Gloves
2. Gum Shield
3. Shin Protection
4. Malleolus Protection
5. Groin Guard (Men)
6. Breast Guard (Women)

5-Fouls kicks and techniques:

Punch to head

Kick or punch to unallowable points (back of body, back of head and joints)

Kick or punch after order of stop by middle referee.

Spinning back fist, knee strike at head, strike by elbow, punch with flat hand, strike with head, locking opponent or using forbidden submission techniques, bowing and catching opponent feet, all techniques against joint, talking or shouting during the fighting, objecting or slighting to referee's order, throwing saliva in Tatami, doing bad actions or making hubbub, biting, and unreasonable exit from Tatami, for defense of kick or punch's opponent.

6 -Scores

Punch to body	1 score
Kick to leg or shin	1 score
Kick to body	1 score
Kick to head	2 scores
Knee to body	1 score
Ground & Grappling techniques that cause to floor with:	
With hip	1 Score
With shoulder	2 Scores
With Feet's overcast	3 Scores

When the competition is equal, after the end of rounds, an additional round will promote and if the additional round be equal too, then the following instances is effective in recognition the winner fighter:

- Nock downs and warnings

A fighter who has the better technique and tactics

FREE FIGHT COMPETITION (FFC)

1-Style definition:

Free Fight can be described mix martial arts, in that it allows a fighter to punch, kick, knee, elbow, throw and do submissions -grappling. a competition of free fighting is in Tatami.

1- Time of competition

Each competition is defending in 1 round at the 4 minute.

2-Dress of fighters

Standard sport strait and elastic short in blue or red color

3-Competitor safety equipments:

1. Head Protection
2. MMA Gloves
3. Gum Shield
4. Shin/instep Protection
5. Malleolus Protection
6. Groin Guard (for Men)
7. Breast Guard (for Women)
- 8- Elbow Protection

4-thecniques and Fouls Kicks:

- Strikes to unallowable points (back of body and back of head and joints)
- Kick or punch after order of stop by middle referee.
- Punching by flat hand or kicking by head.
- pushing, talking or shouting during the fight, object or slight to orders of referee, , throwing saliva in ring or Tatami or Ring, doing bad behaviors or making hubbub, biting, unreasonably exit from Tatami or Ring for defend from opponent kicks, punch to back of head at down position, elbow at down or up position, breaks.

5 –Scores

A		B	
Scores	Down position or on ground	Scores	Up position
1	Grappling & restrain	1	Elbow
1	Punch to body: Each 3 correct punch	1	Punch to head
1	Knee to body	1	Punch to body
		2	Spinning back fist
		1	Kick to body
		1	Knee to body and leg
		2	Knee to head
		1	drawing
		1	floor
		2	
		3	
		1	grappling

Restrain: is surrounding the opponent on ground, as the grounded opponent don't have his neck or the other organs in hand, completely.

When the competition is equal, after the end of round, an additional round will promote and if the additional round be equal too, then the following instances is effective in recognition the winner fighter:

- Nock downs and warnings

A fighter who has the better technique and tactics

ULTIMATE FIGHT COMPETITION (UFC)

1-Style definition:

Ultimate Fight can be described full mix martial arts, in that it allows a fighter to punch, kick, knee, elbow, throw and do submissions –grappling fighting and Wrestling. a competition of free fighting is in ring orTatami.

1- Time of competition

Each competition is defending in 3 rounds at the 1.5 minute.

2-Dress of fighters

Standard sport strait and elastic short in blue or red color

3-Competitor safety equipments:

1. Head Protection
2. MMA Gloves
3. Gum Shield
4. Shin/instep Protection
5. Malleolus Protection
6. Groin Guard (for Men)
7. Breast Guard (for Women)
- 8- Elbow Protection

4-techniques and Fouls Kicks:

- Strikes to unallowable points (back of body and back of head and joints)
- Kick or punch after order of stop by middle referee.
- Punching by flat hand or kicking by head.
- pushing, talking or shouting during the fight, object or slight to orders of referee, ,
throwing saliva in ring or Tatami or Ring, doing bad behaviors or making hubbub, biting,
unreasonably exit from Tatami or Ring for defend from opponent kicks, breaks.

5 –Scores

A		B	
Scores	Down position or on ground	Scores	Up position
1	Grappling & restrain	1	Elbow
1	Punch to body: Each 3 correct punch	1	Punch to head
1	Knee to body	1	Punch to body
1	Punch to head	2	Spinning back fist
		1	Kick to body
		1	Knee to body and leg
		2	Knee to head
		1	drawing
		1	floor
		2	
		3	
		1	grappling

Restrain: is surrounding the opponent on ground, as the grounded opponent don't have his neck or the other organs in hand, completely.

When the competition is equal, after the end of round, an additional round will promote and if the additional round be equal too, then the following instances is effective in recognition the winner fighter:

- Nock downs and warnings

A fighter who has the better technique and tactics